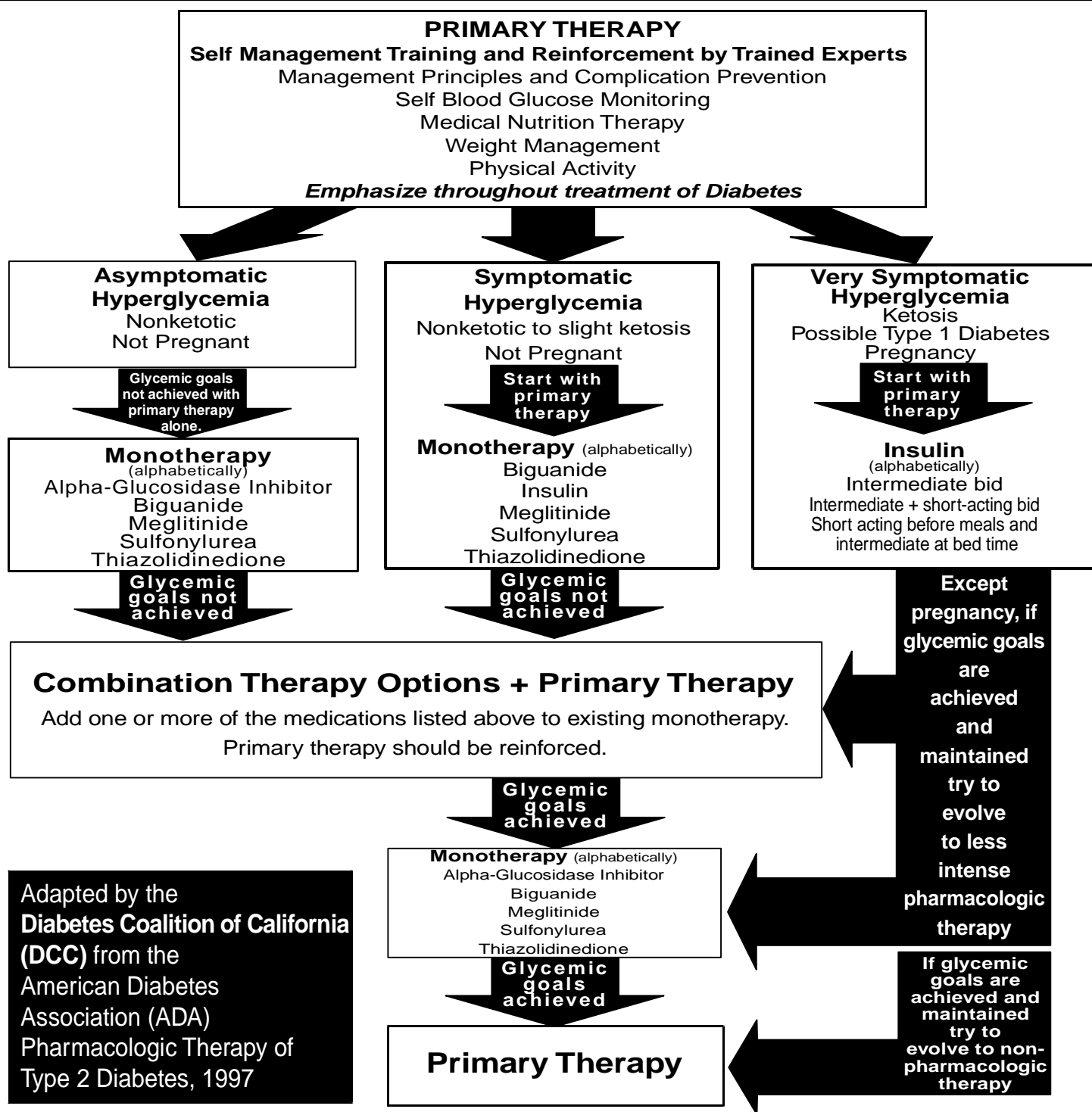


THERAPY FOR GLYCEMIC CONTROL OF TYPE 2 DIABETES MELLITUS IN ADULTS



To be used in conjunction with the Basic Guidelines for Diabetes Care, Diabetes Coalition of California, 1999 Available by Fax (916) 324-7764 or phone (916) 445-2547

RECOMMENDATIONS FOR GLYCEMIC CONTROL **

Biochemical Index	Normal	Goal	Action Suggested
Fasting/preprandial glucose	<110 mg/dl	80 to 120 mgm/dl	<80 or >140 mg/dl
Bedtime glucose	<120 mg/dl	100 to 140 mg/dl	<100 or >160 mg/dl
Glycosylated hemoglobin	<6%	<7%	>8%

**These values are for nonpregnant adults. Goals and "Action suggested" depend on individual patient circumstances. Such actions may include enhanced diabetes self-management education, co-management with a diabetes team, referral to an endocrinologist, change in pharmacological therapy, initiation or increased SMBG, or more frequent contact with the patient. HbA1c is referenced to a nondiabetic range of 4.0-6.0% (mean 5.0%, SD \pm 0.5%).

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